Abstract of the Disclosure

An exercise apparatus includes left and right rigid connector links having first portions rotatably connected to respective cranks, second portions constrained to move in reciprocating fashion, and third, distal end portions configured to support a person's feet. The resulting assembly links rotation of the cranks to movement of the foot supports through generally elliptical paths. The connection points may be moved relative to one another and/or a supporting frame to adjust the size, shape, and/or orientation of the paths.